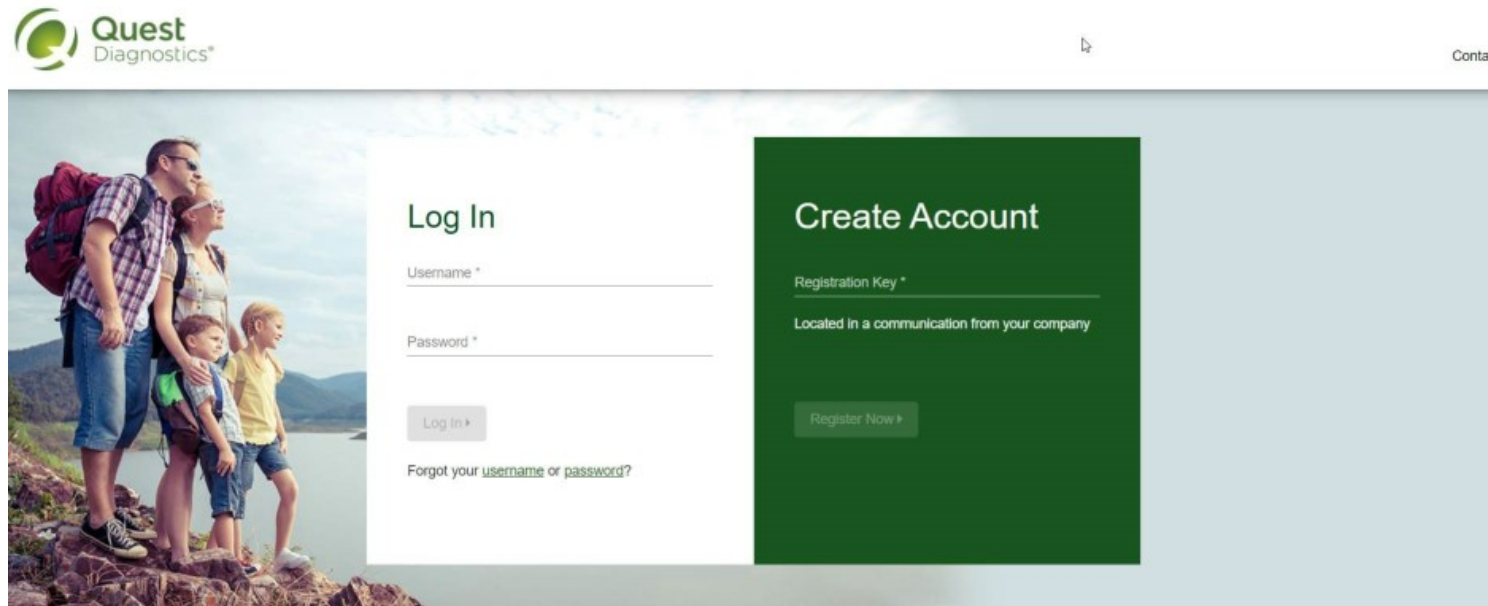


How to register on My.QuestForHealth.com

- Visit [My.QuestForHealth.com](https://my.questforhealth.com)
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and select the green **Log In** button
 - If you've forgotten your login information, use the **username** link to retrieve your username or the **password** link to reset your password
- If you've never registered on the site to establish an account, use the **Create Account** area, enter the registration key provided by your employer, and select the **Register Now** button



Transform your health

Please note: these screenshots are based on common browser resolution; actual screens may vary due to responsive design

- Read through the Quest Diagnostics Terms and Conditions
- Scroll to the bottom and select the **Accept & Continue** button



Contact

Terms and Conditions

1. Terms of Service: Quest Diagnostics Health & Wellness represents health benefit management programs with policies in place to maintain the confidentiality of your information consistent with Quest Diagnostics Notice of Privacy Practices, which may be found at QuestDiagnostics.com/home/privacy-policy/online-privacy.html. Our Privacy of Protected Health Information (PHI) policy requires that we must obtain, maintain, use and disclose patient protected health information in a manner that protects patient privacy and complies with all state and federal laws." Though this is a voluntary program, should you choose not to accept these Terms and Conditions, you will not be able to participate.

2. By participating in the wellness screening program(s) you acknowledge, and consent to, Quest Diagnostics Health & Wellness' disclosure of the data and outcomes of your Health Questionnaire and test results in accordance with the requirements of the Health Insurance and Portability and Accountability Act (HIPAA) and any other applicable laws. If you are providing family medical history or other genetic information through a Health Questionnaire or test results, you are also authorizing and consenting to the use of such genetic information for the purposes of the wellness screening program as described in paragraph 3 below. If you are a spouse or dependent of another participant in the wellness screening program, you are also authorizing and consenting to the use of your genetic information, which genetic information may include blood pressure, BMI, and blood work results such as cholesterol, glucose, and triglycerides, in your spouse's data. Your employer will not receive your results in any form that may match the data to you, though your employer may receive de-identified, aggregated data from the entire population of participating employees.

[Accept & Continue ▶](#)

[Download Terms and Conditions](#)

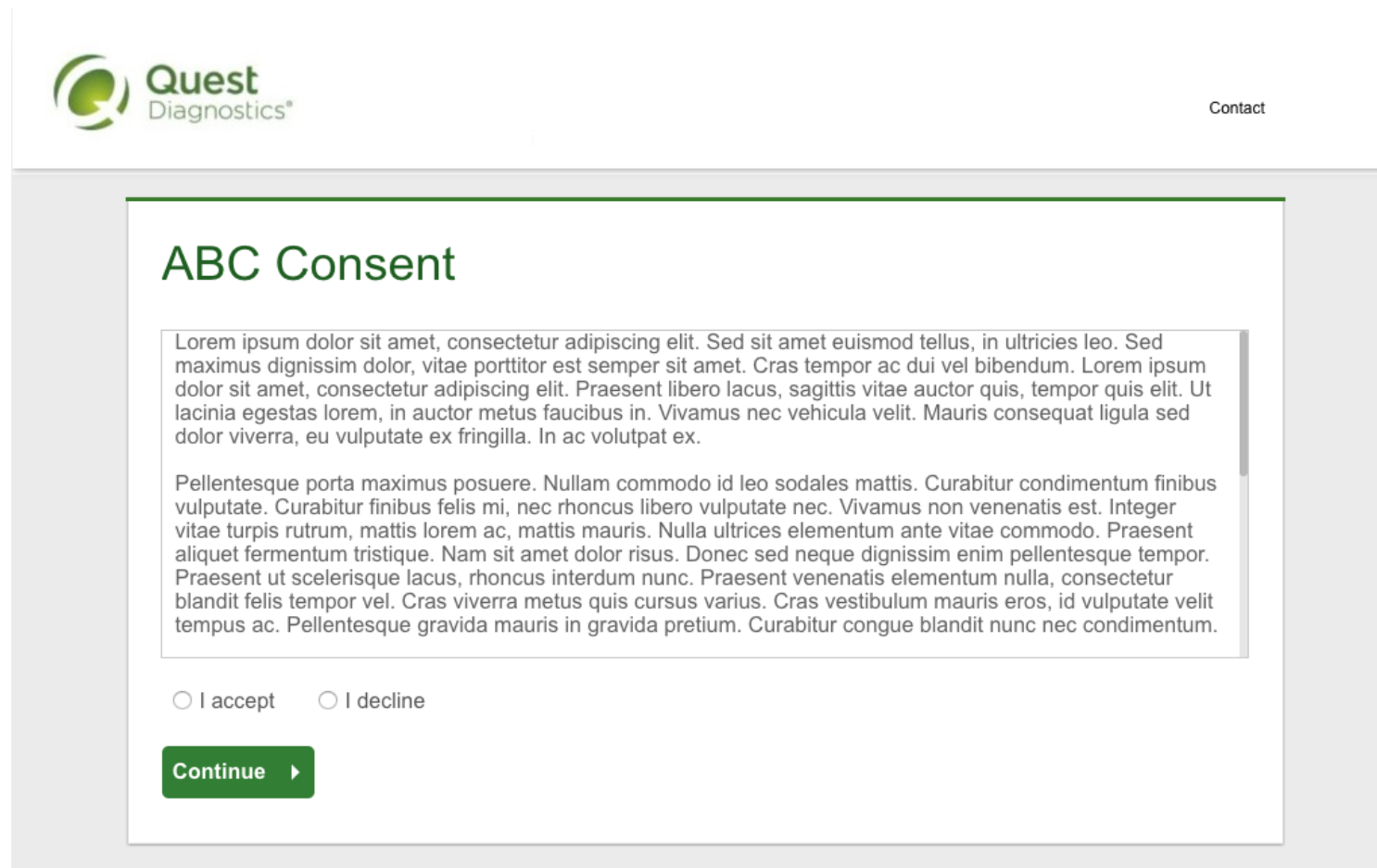


Contact

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- If custom consent is required for your program, you will need to read through the consent and select **I accept**
- Then select the green **Continue** button



The screenshot shows a web interface for a consent form. At the top left is the Quest Diagnostics logo, and at the top right is a 'Contact' link. The main content area is titled 'ABC Consent' and contains two paragraphs of placeholder text. Below the text are two radio buttons for 'I accept' and 'I decline', with the 'I accept' option selected. A green 'Continue' button with a right-pointing arrow is positioned at the bottom left of the form area.

Quest Diagnostics® Contact

ABC Consent

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Sed sit amet euismod tellus, in ultricies leo. Sed maximus dignissim dolor, vitae porttitor est semper sit amet. Cras tempor ac dui vel bibendum. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Praesent libero lacus, sagittis vitae auctor quis, tempor quis elit. Ut lacinia egestas lorem, in auctor metus faucibus in. Vivamus nec vehicula velit. Mauris consequat ligula sed dolor viverra, eu vulputate ex fringilla. In ac volutpat ex.

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I accept I decline

Continue ▶

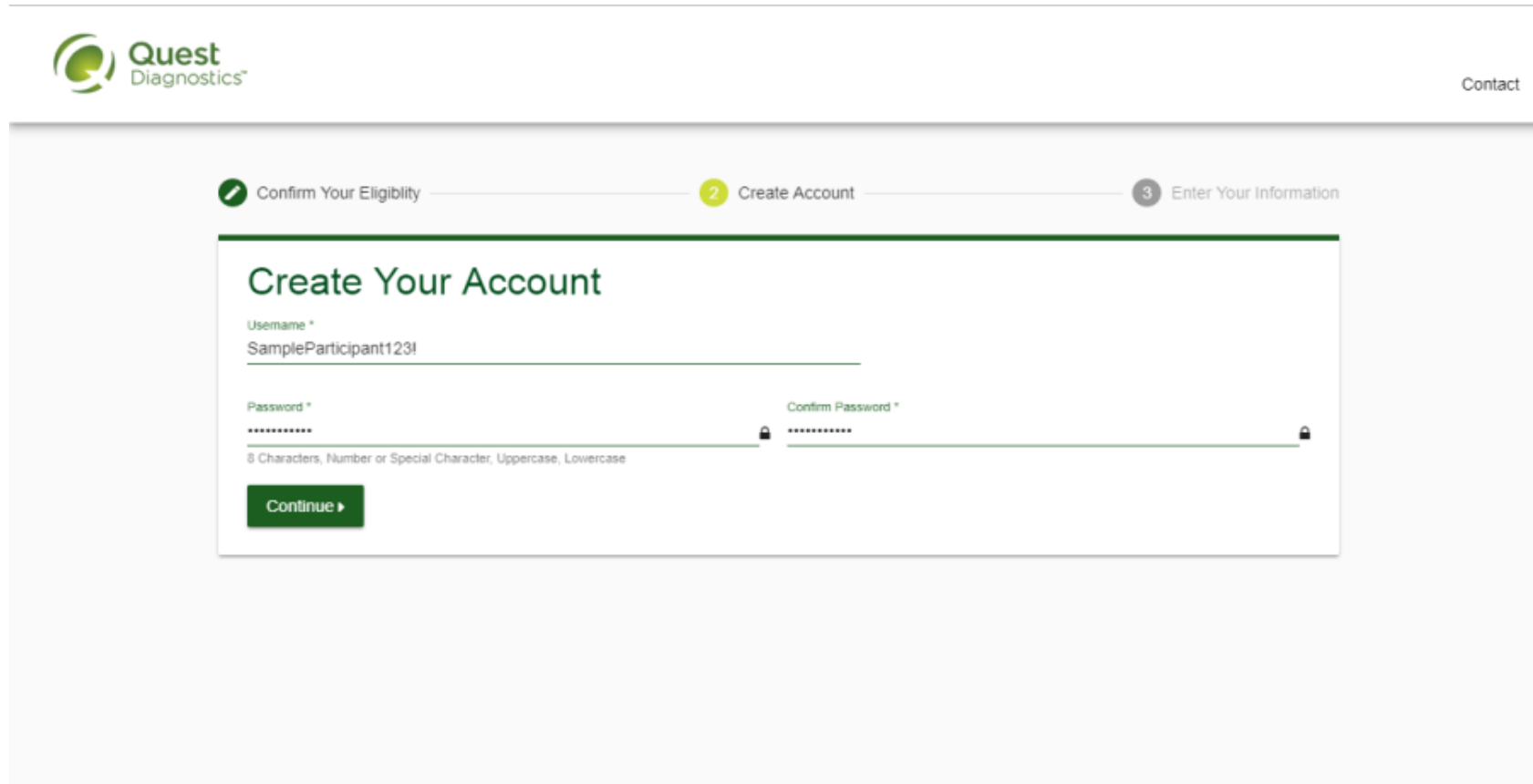
- Under **Confirm Your Eligibility**, enter your Unique ID, Date of Birth, and relationship to the organization
 - Your Unique ID should have been provided to you in an employer communication
 - Your relationship should be either **Employee** or **Non-Employee**
- Select the green **Continue** button

The screenshot shows the Quest Diagnostics website interface. At the top left is the Quest Diagnostics logo, and at the top right is a 'Contact' link. A progress bar at the top of the main content area shows three steps: 1. Confirm Your Eligibility (highlighted in green), 2. Create Account, and 3. Enter Your Information. The main content area is titled 'Confirm Your Eligibility' and contains the following form fields:

- A heading: 'Please enter your Unique ID (which is your employee ID) and date of birth'
- An 'Employee ID *' field with the value '123456789A' and a small cursor icon to its left.
- A 'Birth Date *' field with the value '02/15/1979' and a calendar icon to its right. Below this field is an example: 'Example: 01/25/1980'.
- A 'Relation *' dropdown menu with 'Employee' selected.
- A green 'Continue >' button at the bottom of the form.

At the bottom of the page, there is a dark footer containing social media icons for Facebook, Instagram, RSS, Twitter, and LinkedIn. Below the icons is a 'Contact' link. At the very bottom, there is a small line of text: 'Quest, Quest Diagnostics, the associated logo, Nichols Institute and all associated Quest Diagnostics marks are the registered trademarks of Quest Diagnostics. All third party marks—® and ™—are the property of their respective owners. © 2000-2018 Quest Diagnostics Incorporated. All rights reserved. Language Assistance / Non-Discrimination Notice | Asistencia de Idiomas / Aviso de no Discriminación | 语言援助/歧视通知'.

- Create a username and password to log in to your account
 - The password must be at least 8 characters long, include a number or special character, and include at least 1 uppercase and 1 lowercase letter
- Select the green **Continue** button



The screenshot shows the Quest Diagnostics website's account creation process. At the top left is the Quest Diagnostics logo, and at the top right is a 'Contact' link. A progress bar below the logo indicates three steps: '1 Confirm Your Eligibility' (completed), '2 Create Account' (current step, highlighted in yellow), and '3 Enter Your Information'. The main content area is a white box with a green border titled 'Create Your Account'. It contains three input fields: 'Username *' with the text 'SampleParticipant123!', 'Password *' with masked characters '*****', and 'Confirm Password *' also with masked characters '*****'. Below the password fields is a requirement note: '8 Characters, Number or Special Character, Uppercase, Lowercase'. A green 'Continue >' button is located at the bottom left of the form.

- Verify/complete all of the information under **Enter Your Information**
 - Please note that an email address is required and will be used in a case where you need to retrieve your username or reset your password
- Verify/complete all of the information under **Mailing Address**
- Select if you would like to receive appointment reminders from Quest Diagnostics
- Select the green **Save** button



Contact

Progress: Confirm Your Eligibility | Create Account | **3** Enter Your Information

Enter Your Information

First Name * _____ Last Name * _____

Preferred Name (Nickname) _____ Birth Date Example: 01/05/1980 Self-Identified Gender * _____

Phone * _____ Email Address * _____

Mailing Address

Address Line 1 * _____ Address Line 2 _____

Country * City * _____ State * _____ Postal Code * _____

Communication Preferences

I would like to receive appointment reminders from Quest Diagnostics Health & Wellness.

- After registering, you will arrive at the dashboard
- Under the **Why should you participate** section, you will see the **Personal Health Questionnaire** section
- **Note:** You are required to take your Health Questionnaire before scheduling an appointment to complete your screening.

The screenshot displays the Quest Diagnostics dashboard. At the top left is the Quest Diagnostics logo. At the top right, there is a user greeting "Hello, Cigna Test" and navigation links for "Dashboard", "My Account", "Contact", and "Log Off". The main content area is divided into three sections:

- Why You Should Participate:** This section features the heading "Why You Should Participate" and the text "Completing a screening gives you the knowledge you need to identify your health risks and transform your health." To the right is an image of a woman with a child. Below the image is a green button labeled "About Your Program ▶".
- Personal Health Questionnaire:** This section has the heading "Personal Health Questionnaire" and the text "Complete this health questionnaire before you schedule your screening." Below this is a green button labeled "Take Custom Questionnaire ▶".
- Transform your health:** This section is titled "Transform your health" and contains the text: "Biometric screening results can provide powerful insights into your health and risks you may not currently recognize. See how these screening participants changed the [stories of their lives](#) with the information gained from screenings." Below this is the text "Did insights from your screening help you transform your health?" and a green button labeled "Tell Us Your Story ▶". To the right is a video player showing a man in a yellow hard hat.